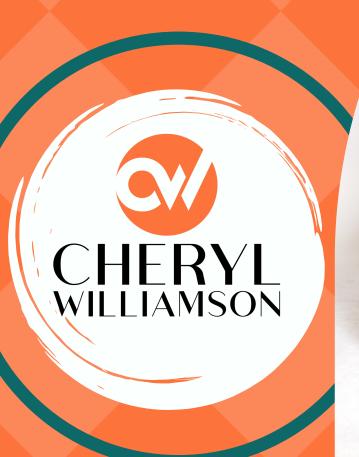
EXCERPTS FROM THE BOOK AFFIRMED

30 Affirmations

Positive
Thoughts and
Actions to Start
Your Day







Cheryl Polote Williamson

Nationally acclaimed multi best-selling author, award-winning filmmaker and executive producer, highly sought-after transformational speaker, and success coach Cheryl Polote Williamson is a global leader, businesswoman, and master-collaborator. Cheryl is the CEO and Founder of Williamson Media Group, LLC, Soul Reborn 501(c) (3) non-profit charitable organization, and Cheryl Polote Williamson, LLC, where her knowledge, expertise, and resources connect others to their purpose. She has received multiple national and international media features and mentions, and several awards for her leadership capabilities to include: selection as one of Dallas Top 25 women and the honor as one of the Female Success Factor Award recipients for 2016, the 2017 and 2018 Indie Author Literary Trailblazer Award, Global Smashers Award, Who's Who in Black Dallas Publishing, Indie Author Legacy Award in 2017 and 2018, a 2018 African American Literary Award, and the 2020 African American Literary Award for Self-Published Author of the Year.

Cheryl tours nationally, motivating varied audiences to release negative strongholds, walk in power, and thrive in purpose. She has been a featured author at the 108th NAACP National Convention and the Congressional Black Caucus. She has published multiple best-selling titles such as, Soul Reborn, Words from the Spirit for the Spirit, Safe House, Affirmed, Soul Talk Vol 1, 2, and 3, Soul Bearer, Soul Source, The Success Factor, Souled Out, Soul to Soul, Soulful Prayers Vol 1 and 2, and with Soulful Affirmations releasing in 2021.

Cheryl's memberships and affiliations include: Alpha Kappa Alpha Sorority Incorporated, The Links Incorporated (Mid-Cities Chapter) Jack and Jill of America (graduated out), The Walker's Legacy Group Ambassador, Soul Reborn Charitable Outreach, Non-Fiction Author's Association, Award-winning Online Communities (mentor for authorship, coauthorship, volunteerism, entrepreneurial ventures, philanthropic gestures), (formerly) Member of Forbes Coaches Council, Odyssey Media Group, and Christian Women in Media.

Serving is Cheryl Polote Williamson's passion, but nothing comes before the love and care she gives to her husband Russ Williamson of 28 years, her three amazing children, Russ, Jr., Courtney, and Lauren, and two adorable grandbabies, Leah and Russ III.



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I WILL ALWAYS TRUST THE PROMISES OF GOD

1 Corinthians 1:19-20

For the Son of God, Christ Jesus, who was preached among you by us-by me and Silvanus and Timothy-was not yes and no, but in Him was Yes. For all the promises of God in Him are Yes and in Him Amen, to the glory of God through us.



Luke 15:17

"But when he came to himself, he said, 'How many of my father's hired servants have bread enough and to spare, and I perish with hunger!



TODAY IS THE LAST DAY I WILL BE BROKE

Malachi 3:10

Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this, says the Lord Almighty, and see if I will not throw open the floodgates of heaven and pour out so much blessing that there will not be room enough to store it.



I WILL CREATE A BUDGET AND STICK TO IT!

1 Corinthians 4:2

Moreover, it is required of stewards that they be found trustworthy.



I AM OPEN TO NEW IDEAS OF WEALTH CREATION

Deuteronomy 8:18

You shall remember the Lord your God, for it is He who gives power to get wealth, that he may confirm his covenant that he swore to your fathers, as it is this day.



NEW CONTACTS & NEW CONTRACTS WILL FIND ME TODAY

1 Kings 2:3

And observe what the Lord your
God requires: Walk in obedience to
him, and keep his decrees and
commands, his laws and
regulations, as written in the Law
of Moses. Do this so that you may
prosper in all that you do and
Wherever you go

I WILL LISTEN TO UNDERSTAND INSTEAD OF LISTENING TO RESPOND

Proverbs 16:20

Whoever gives heed to instruction prospers, and blessed is the one who trusts in the Lord.



I WILL NOT DIM MY LIGHT TO MAKE OTHERS FEEL COMFORTABLE IN THEIR DARKNESS

Matthew 5:15

Neither do men light a candle and put it under a basket, but on a candlestick and it gives light to all who are in the house.



I WILL NOT LET ONE INCIDENT DICTATE MY ENTIRE DAY

Romans 8:28

We know that in all things God works for the good of those love him, who have been called according to his purpose.



I AM DETERMINED TO LIVE MY PURPOSE

Psalm 138:8

The Lord will fulfill his purpose for me; your steadfast love, O Lord endures forever. Do not forsake the work of your hands.



I WILL WORK ON MY PURPOSE DILIGENTLY

Proverbs 21:5

The plans of the diligent lead surely to advantage, but everyone who is hasty comes surely to poverty.

I WILL USE WHT I HAVE BEEN THROUGH TO HELP SOMEONE ELSE BREAKTHROUGH

Galatians 5:13

For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another.



I WILL LOOK FOR OPPORTUNITIES TO SERVE

1 Corinthians 12:5

There are different kinds of service, but the same Lord.



I WILL GIVE MYSELF A SECOND CHANCE. IF I FAIL, I WILL GIVE MYSELF ANOTHER ONE

Proverbs 24:16

For a just man falls seven times and rises up again, but the wicked will fall into mischief.



I WILL REST WELL TONIGHT KNOWING THAT GOD IS IN CONTROL

Matthew 11:28

Come to me, all you who are weary and burdened, and I will give you rest.



I WILL STRENGTHEN MY PRAYER LIFE STARTING TODAY

Philippians 4:6

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.



I WILL PRAY FOR THOSE IN LEADERSHIP

Romans 13:1

Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God.



I WILL TREAT PEOPLE IN A WAY THAT GLORIFIES GOD

Luke 6:31

And as you wish that others would do to you, do so to them.



I WILL STOP MAGNIFYING MY PROBLEMS AND MINIMIZING MY GOD

Alexandria L. Barlowe

Jeremiah 32:27

Behold, I am the Lord, the God of all flesh. Is anything too hard for me?



EMOTIONAL ISSUES

1 Peter 5:10

And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen and establish you.



I WILL NOT ALLOW A DIAGNOSIS TO DICTATE MY DESTINY

Alexandria L. Barlowe

Psalm 112:7

They will have no fear of bad news; their hearts are steadfast, trusting in the Lord.



Colossians 1:23

If indeed you continue in the faith firmly established and steadfast, and not moved away from the hope of the gospel that you have heard, which was proclaimed in all creation under heaven, and of which I, Paul, was made a minister.



I WILL NOT BE DEFENSIVE WHEN SOMEONE GIVE ME CONSTRUCTIVE CRITICISM

Proverbs 12:1

Whoever loves discipline loves knowledge, but he who hates reproof is stupid.



I WILL NOT PARTICIPATE OR FACILITATE IN THE DESTRUCTION OF ANYONE'S CHARACTER

Proverbs 20:3

It is an honor for a man to keep aloof from strife, but every fool will be quarreling.



Luke 6:38

Give, and it will be given to you. They will pour into your lap a good measure, pressed down, shaken together and running over. For by your standard of measure it will be measured to you in return.



I WILL REMAIN FAITHFUL IN MY MARRIAGE

Proverbs 5:15

Be faithful to your own wife and give your love to her alone.



I WILL SPREAD LOVE NOT HATE

John 15:17

This is my command: love each other.



I WILL NOT PARTICIPATE IN SOWING DISCORD

Romans 16:17

I appeal to you, brothers, to watch out for those who cause divisions and create obstacles contrary to the doctrine that you have been taught; avoid them.



I LOVE GOD FOR WHO HE IS, NOT BECAUSE OF WHAT HE CAN DO FOR ME.

Luke 10:27

And he answered, you shall love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and your neighbor as yourself.



I WILL LIVE FOR JESUS CHRIST

Matthew 6:24

No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.



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